



## FROM ATLANTIC TO ALENTEJO

6 Days 5 Nights - Group Program: minimum 20 pax

### DAY 1

Arrival at Lisbon airport, departure to Hotel in Nazaré  
 Lunch in Hotel  
 Thalasso circuit pool  
 Dinner at the hotel with folkloric show  
 Night in Hotel

**Thalasso Portugal** is sophisticated center that uses therapeutic qualities of seawater to provide health care, wellness and beauty. The center collects water from the sea 300 meters below, with influence of the sea air rich in iodine, known in Portugal for healing rheumatic diseases and respiratory problems. The sea water is heated, no additives, and constant renewal for treatments by a team of professionals. There are several types of treatments like, respiratory, circulatory, rheumatism, skeletal, psoriasis, dermatological, neurological as well as beauty treatments, anti-aging, anti-stress, weight loss, among others.

### DAY 2

Departure from Hotel with distintion to Castelo de Vide  
 Visit to Castelo de Almourol and Belver  
 Lunch in Belver  
 Visit to a cheese factory in Nisa  
 In the afternoon arrival at the Hotel in Castelo de Vide  
 Free dinner  
 Night in Hotel

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### Castelo de Vide

The architectural heritage of Castelo de Vide is a great wealth due to different occupations. Worth mentioning the medieval town, the fort of S. Roque, the walls surrounding the town, the Jewish quarter, the medieval synagogue and doors and lancet windows of centuries XIV to XVI.

### DAY 3

Departure to visit Marvão, Marvão Museum and ruins de Amaia  
 Free lunch  
 Visit the Stud Farm of Alter do Chão  
 Return to Hotel in Castelo de Vide  
 Dinner in Hotel  
 Night in Hotel

### Marvão

The town of Marvão is located at the top of the Serra do Sapoio at an altitude of 860 meters, and on the border of Spain. The view from the castle, 860 meters above sea level, provides a magnificent view of the Natural Park of Serra de São Mamede. In Marvão you can visit the Medieval Castle and the Roman City of Ammaia.

### DAY 4

Departure with destination to Évora  
 Visit to Estremoz  
 Lunch  
 Visit to Vila Viçosa and historic center  
 Visit to the Adega Cooperativa de Borba with wine tasting  
 Departure to Hotel in Évora  
 Free dinner  
 Night stay in Hotel in Évora



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### **Vila Viçosa**

This beautiful village has a rich history and an enviable heritage, and even known as the Alentejo Princess.

In Vila Viçosa center stands the medieval castle, built by order of D. Dinis in the last decade of the thirteenth century.

The square plan, with two turrets at opposing angles, the compact look and innovative defensive mechanisms are unique features that make this castle a jewel of military architecture.

Inside the fortress, the Solar of Padroeira of Portugal is mandatory stop and even beside the cemetery lie the remains of the poet Calipolense Florbela Espanca.

The Ducal Palace is one of the most emblematic monuments of Vila Viçosa. The 110 meters long of mannerist style facade, fully lined with marble of the region, make this magnificent royal palace a unique example in the Portuguese civil architecture.

### **DAY 5**

Free day in Évora

Free lunch

Dinner at a restaurant in Évora

Night stay in Hotel in Évora

### **Évora**

The biggest Alentejo village is a true museum-city, a World Heritage Site by UNESCO since 1986.

Its walls keep streets and buildings virtually unchanged over the centuries.

The imposing walls guarding a vast historical and cultural wealth.

Within expect traces of Roman times, medieval buildings, palaces and convents that are witness to the golden age of Portugal (XV and XVI).

It is clear the presence of religious influence in the city, in its many churches and even at the Colégio do Espírito Santo, now University of Évora, where the Jesuits taught.

But wherever you walk, which will always mark it is the architecture and the immaculate white of the houses in the narrow streets and alleys.

### **DAY 6**

Departure to Arraiolos to visit the carpets of arraiolos

Visit to Farm winery Arraiolos

Lunch in Arraiolos

Departure to Lisbon airport